

# Live you're life, like it's a Palace

with 500 rooms



Your life is there to enjoy! But more than that, it is there for you to experience the world, your surroundings, your friends, family, colleagues, all physical and non-physical phenomena. Most people go through life like it's a two room apartment, divided in the room that indicates work, and the other that indicates non-work. Life is much more than just these simple distinctions, life offers you a billion chances to experience it's content, it's up to you to decide which you want to experience – you set the limit of your own experiences in this world! The point I would like to make in this paper is that we actually un-use the largest part of our potentiality during our life, if we use only 0,5 % of actual capacity. We may have the idea that we are having a smooth, relaxed life, with minimum disturbances, with lots of certainty, and possibly a comfortable amount of money in the bank. Although this is – sometimes – a preferred state; it nevertheless neglects the humongous opportunities foregone, every day that we continue our quiet, repetitive, highly controlled life. The question we should ask ourselves : 'what could I add to my life, in which way could I contribute to the life of others, what is my contribution to my partner, family, friends lives?' In what way can I make my life more interesting for me and for others? Why not discover the content of the other 99,5% that is waiting for us to be disclosed ( to ourselves and to others ! ) , to enjoy, to grow ( socially, physically, mentally, cognitively), and to contribute in this manner to (close) others. Study, party, do sports, have lots of intimate friends, travel around the world, find a full-filling job, read, sing, dance etc. Find your path in this life and enjoy it with every breath and hart beat, you owe it to yourself and the world !